

With the partecipation of



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Verona

Vigasio

Villafranca di Verona



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that you are

pregnant

Maybe your pregnancy was unexpected, not chosen or maybe you don't consider now the appropriate moment to have a baby, or maybe you desire to have it but you find it difficult to accept him because this will complicate your life more...

IF YOU ARE AN EMPLOYEE / WORKING MOTHER you have the following rights:

PAID LEAVE.

1

during your pregnancy, for your pre-natal examinations, for your clinical investigations. specialist-medical visits, when these are to done during the working-hour.

NOT TO BE FIRED OR DISMISSED FROM WORK.

dismissal prohibition is from the very beginning of gestation until the child completes one-year age.

NOT TO WORK IN AN UNHEALTHY AND SEVERE ENVIRONMENTS

TO MATERNITY LEAVE.

5 months of compulsory maternity leave from work, paid by INPS unto 80% before and after the birth of the child.

TO PARENTAL I FAVE



6 months of optional leave paid up to 30% from INPS until 3 years age of the child and up to 8 years age of the child according to your annual income.

TO ASK IN ANTICIPATE SEVERENCE PAY/INDEMNITIES during the period of parental leave (70% maximum in the presence of at least 8 years of work service with same employer).

TO FAMILY ALLOWANCES AND TAX RELIEF for spouse and dependent child even if vou are an immigrant. If you have an Italian citizenship then you have also the right of FAMILY BENEFITS / ALLOWANCES for minor children living abroad.

PAID MATERNITY in some cases if you have a fixed and long term contract.



NURSING PERMITS

a reduction of one or two working hours per day for the entire first year of the child's life.

UNPAID LEAVE to be absent from the work due to your child's illness.





2 https://www.inps.it/nuovoportaleinps/default. aspx?itemDir=50583



3 https://www.inps.it/nuovoportaleinps/default.aspx?last Menu=50052&iMenu=109&iNodo=50052&p1=2

IF YOU WORK IN BLACK (WITHOUT ANY LEGAL CONTRACT)

you can legalize your employment status with a personal conciliation with the employer, for this you can go to the trade union or work-lawyers.

A LIST OF TRADE UNIONS AND PROVINCIAL PATRONAGE



PATRONATO ACLI Branch of Verona

Via Interrato Acqua morta, 22 - 37129 Verona Tel. 045 8065512 - Fax 045 8065582 verona@patronato.acli.it

OPENING HOURS FOR PUBLIC

from Monday to Friday: **08.30** am - **01.00** pm

In order to take Appointments for the following Patronage Services like-complex cases on retirement, immigration,legal services please call at this number **045** 8065512





PATRONATO INCA CGIL Branch of Verona

Via Luigi Settembrini, 6 - 37123 Verona Tel. 045 8674611 - Fax 045 8674734 verona@inca.it

OPENING HOURS FOR PUBLIC

Monday: **08.30** *am* - **12.30** *pm* / **02.30** *pm* - **06.30** *pm* Tuesday, Thursday, Friday: **08.30** *am* - **12.30** *pm* Wednesday: **08.30** *am* - **03.00** *pm*



PATRONATO INAS CISL Branch of Verona

Lungadige Galtarossa, 22 - 37133 Verona Tel. 045 8096030-1-2

OPENING HOURS FOR PUBLIC

Monday: **09.00** *am* - **01.00** *pm* Tuesday, Wednesday, Thursday:

09.00 am - 01.00 pm / 03.00 pm - 06.30 pm

Friday: 09.00 am - 12.00 pm



PATRONATO ITAL UIL Branch of Verona

Via Giolfino, 10 - 37133 Verona - Room nº 20 Tel. 045 8873128 - uilverona@pec.it

OPENING HOURS FOR PUBLIC

from Monday to Friday:

09.00 am - 12.00 pm / 03.00 pm - 06.00 pm

IMMIGRATION OFFICE Branch of Verona

Via Giolfino, 10 - 37133 Verona - Room nº 19 Tel. and Fax 045 8873128 - verona@pec.italuil.it

OPENING HOURS FOR PUBLIC

Monday, Wednesday and Friday: **09.00** *am* **- 12.00** *pm* Tuesday and Thursday: **03.00** *pm* **- 06.00** *pm*

MATERNITY ALLOWANCE FOR NON-WORKING MOTHERS

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You can apply for maternity allowance, at the social services of the municipality of residence or else at INPS of the place of your residence, within 6 months from the birth of your baby if:

- → if you are an italian citizen or of the union europe
- → if you are a citizen of the third world country holding the european union residents permit for a long period (s.l.p) (art. 9 d.lgs 286/98)
- → if you have the so called (residence card for family member of union citizen) (art. 10 e 17 d.lgs 30/2007)
- → if you hold the status of political refugee status or subsidiary protection (d.lgs 251/2007)

SEDI INPS PROVINCIA DI VERONA

Verona

Via C.Battisti, 19 - 37122 Verona Tel. 045 938111

Caprino Veronese

P.zza Vittorio, 6 - 37013 Caprino V.se (Vr) Tel 045 6245011

Legnago

Via G. Marconi, 8 - 37045 Legnago (Vr) Tel. 0442 637711

San Bonifacio

Via Sorte, 21 - 37047 San Bonifacio (Vr) Tel. 045 6174011

Villafranca di Verona

Via G. Marconi, 18 - 37069 Villafranca (Vr) Tel 045 6313611

the subdivisions for the municipalities of the directions and opening times can be found on the INPS website at this link:

www.orari-di-apertura.it/inps-verona.htm



IF YOU LIVE IN THE CITY OF VERONA AND IF YOU ARE CITIZEN OF A THIRD COUNTRY IN ORDER TO RECEIVE MATERNITY ALLOWANCE IT IS SUFFICIENT TO BE IN POSSESSION OF A RESIDENCE PERMIT OF AT LEAST ONE YEAR. THE MUNICIPALITY OF VERONA RECOGNIZES THE MATERNITY ALLOWANCES FOR THESE CITIZENS TOO.

Or workers with a very low annual income, in some cases recieving cheques from the local munipality or from INPS.

IF YOU ARE A FOREIGNER AND NOT COMPLIED WITH THE RULES OF ENTRY AND STAY

You don't have any risk even if you contact any public health centres. All illegal immigrants getting facilities from the public health departments are not exposed to any type of report aimed to expulsion

You can apply for a residence permit on the base of health purpose, during the period of pregnancy and for at least 6 months after the birth of the child. In this duration you can join the National Health Service (Servizio Sanitario Nazionale) for all kinds of health care facilities.

In order to obtain this permission of health purpose you must present a medical certificate which confirms your pregnancy and the expected date of delivery. This certificate is issued either by the medical clinics or by the hospitals

The foreigner's office of the municipality of Verona, the patronage centres or CITT.IMM counters can help you to submit an application for health permit at the police headquarters of Verona.

For all medical treatments related to your pregnancy even though you don't have the health permit you can always contact at these following centres:

- → at the FOREIGN WOMEN FAMILY PLANNING / COUNSELLING CLINIC situated in via Poloni, 1 - Verona
- → at CESAIM, voluntary association offering health care to immigrants not complying with the rules of entry and residence.
- → at the Family Planning Counselling centres of ULSS of your Municipality that is where you live.

IF YOU ARE AN EUROPEAN UNION CITIZEN WITHOUT HEALTH CARE ASSISTANCE

- → You can contact **CESAIM** (free services)
- → You can ask for foreigner's health or sanitary card (TEAM) in your home country so that you are eligible to receive all health care in Italy while expecting to get by the National Health Service or else you can ask for ENI (Europeo non Iscritto) Health Card



CESAIM Centro Salute Immigrati

Via Salvo D'Acquisto, 5 - 37122 Verona Tel. e Fax 045 520044

A clinic consisting of 26 doctors and 9 assistants in order to take care of immigrants health, who are present in the territory temporarily, in collaboration with ULSS 20, and also with preventive activities and theraphy for not spreading contagious diseases.

OPENING HOURS FOR PUBLIC

from Monday to Friday, from 03.00 pm to 05.00 pm



UFFICIO STRANIERI Comune di Verona

Via Largo Pasubio, 6 - 37122 Verona (piano rialzato) Tel. 045 8077326 - Fax 045 8077389

OPENING HOURS FOR PUBLIC

from Monday to Friday, from 9.00 am to 1.00 pm



SPORTELLI CITT, IMM. Verona

Via delle Franceschine, 10 - 2° floor; Room n° 3bis (at the Employment Office)
Tel. 045 9288466
sportello1@cittimm.it

OPENING HOURS FOR PUBLIC

Monday e Thursday, from **02.00** pm to **05.00** pm

SPORTELLI CITT. IMM. di Castelnuovo del Garda

Piazza degli Alpini, 4 - 37014 Castelnuovo d/G (VR) At the Municipality (ground floor) Tel. 045 6459963 - sportello2@cittimm.it

OPENING HOURS FOR PUBLIC

Saturday: 09.00 am - 12.00 pm

SPORTELLI CITT. IMM. di Sona

Piazza Roma, 1 - 37060 Sona (VR) At the Municipality (ground floor) Tel. 045 6091210 - sportello3@cittimm.it

OPENING HOURS FOR PUBLIC

Saturday: **09.00** am - **12.00** pm

SPORTELLI CITT. IMM. of the union of some municipalities of "Verona Est"

P.le Trento, 2 - 37030 Colognola ai Colli (*ground floor*) Tel. 045 6151272 (Digit 1)

HOURS: 1st and 3rd Saturday of the month: 09.00 am - 12.00 pm

At The Municipality office of Caldiero
P.zza Marcolungo, 19 - 37042 Caldiero (1º piano)
Tel. 045 7650023 (Digitare 9) - sportello5@cittimm.it
HOURS: 2nd and 4th Wednesday of the month: 10.00 am - 12.30 pm

IF YOU THINK YOU CANNOT OVERCOME YOUR DIFFICULTIES AND YOU ARE NOT ALLOWED TO KEEP YOUR BABY IN THAT CASE

You can choose to give the birth anonymously **5**, leaving your child in the hospital.

Here you will find complete assistence and privacy

Certainly later the baby being adopted by a family **6**.

For further information you can contact the following services.

OBSTETRICS AND GYNECOLOGY WARD

Borgo Trento Hospital of Verona OSPEDALE DONNA E BAMBINO Segreteria al Piano 0 - Padiglione 29

Tel. 045 8122720 - 045 8122707

Or else you can go to any public services or any "CENTRO AIUTO VITA" centre. The addresses are indicated on the following pages.

PUBLIC FAMILY PLANNING/ COUNSELLING CENTRES

To support motherhood, the clinic offers the following helps:

- → A possibility to converse with the health care staffs regarding your pregnancy. These staffs are very much sensitized to human relationship and respect for others;
- → All kinds of medical treatments and midwife staff are there to help you and your baby till the moment of your delivery and also after the birth of the child. Remember that:
 - All routine check ups (medical visits, pathological tests, ultrasonography) during your pregnancy months until your delivery, they are all free of cost;
 - Specific tests required in case of high-risk pregnancy are also free of cost.
- → The possibility, if you think it is useful, to have a psychological support to cope up with the major awareness of your choice;
- → The possibility of the ability to deal with health care staff choices related to your pregnancy:
 - · Informations about your rights and opportunities;
 - Informations for any help required in order to overcome any obstacles in abortion;
 - To get support in choosing any possible solutions to overcome your problems;
 - Project formulation on maternity on the base of your necessity and economic condition on the institute where you are staying;

- Information and interventions of those women who have been maltreated or have gone through sexual violence or rape;
- Counselling for those couples in conflict or who are getting separated;
- Conversation and to receive warm hospitality from obstetrics/ midwife;
- Possible activation of networking with a psychologist or social worker;
- Informations and assistance at the moment of delivery in anonymity in case it is difficult to overcome;
- Any informations regarding voluntary abortion and on the way to be taken after evaluating alternatives and aid.

→ HOW TO CONTACT:

You can visit the doctor directly (no need of having any medical prescription) either by telephone or by any person carrying the health / sanitary card or STP(foreigner's temporary permanent card); in case of foreigners not complied with the rules of entry and residence must have the ENI card.

A LIST OF FAMILY PLANNING/ COUNSELLING CENTRES FOR YOUR REFERENCE PRESENT IN THE THREE ULSS WITH THEIR SPECIFIC SERVICES

COUNSELLING CENTRES OF EX ULSS 20

VERONA 1: *via poloni, 1 -* **Tel.** 045 596384

VERONA 2: via del capitel, 22 - Tel. 045 878 7797 VERONA 3: via volturno, 20 - Tel. 045 501583 VERONA 4: via siracusa, 4 - Tel. 045 576059 TREGNAGO: via massalongo, 24 - Tel. 045 7808450 S.BONIFACIO: via sorte, 8 - Tel. 045 6138515

COLOGNA VENETA: via rinascimento, 20 - Tel. 0442 425101 S.GIOVANNI LUPATOTO: via belluno, 1 - Tel. 045 8299858

COUNSELLING CENTRES OF EX ULSS 21

PORTO DI LEGNAGO: via Ragazzi del 99 Social service worker • Tel. 0442 637541 Midwife/obstetrician • Tel. 0442 637530 Birth-planning courses • Tel. 0442 637532

NOGARA: via Raffa

Social service worker • Tel. 0442 537831 Midwife/obstetrician • Tel. 0442 537710 Birth-planning courses • Tel. 045 6999662 **BOVOLONE**: P.le Fleming

Social service worker • Tel. 045 6999652 Midwife/obstetrician • Tel. 045 6999655 Percorso Nascita • Tel. 045 6999662

COUNSELLING CENTRES OF EX ULSS 22

BUSSOLENGO: via Ospedale, 28 - Tel. 045 6712649

CAPRINO VERONESE: via Cappuccini (inside the hospital) - Tel. 045 6207222

DOMEGLIARA: via Stazione, 7 (in the Distretto) - Tel. 045 6338476

VILLAFRANCA: *via Ospedale, 2* - Tel. 045 6338476 *They receive from Monday to Friday by appointment.*

SERVICES

SPAZIO DONNA STRANIERA (a living-space room for foreign women)

Monday: 02.00 pm - 05.30 pm

Friday: **08.30** am - **01.30** pm • Via Poloni, 1-Tel. 045 596384

IF YOU ARE BETWEEN THE AGE-GROUP OF 14 TO 22 YEAR OLD THEN YOU CAN ALSO JOIN TO "SPAZIO ADOLESCENTE"

Wednesday: **02.00** pm - **06.00** pm • Via Siracusa, 4/d -Tel. 045 576059

S.Bonifacio → Wed.: **02.00** pm - **05.30** pm • Via Sorte, 15 (Old hospital) -Tel. 045 6138515

BIRTH-PLANNING COURSE: In all our family planning counselling centres we give a living space to all mother's and father's an opportunity to share their moments and experiences in becoming parents.

A LIST OF PRIVATE FAMILY COUNSELLING CENTRES IN THE PROVINCE TERRITORY

Family counselling centre of North Verona

via C.Policarpo Scarabello, 18 - 37138 Verona - Tel. 045 8340074

Family counselling centre of South Verona

via P.Fortunato Calvi, 4/b - 37121 Verona - Tel. 045 583480

Fam. couns. centre → P.zza Vescovado, 5 - 37121 Verona - Tel. 045 8032079

Family counselling centre of S. Toscana C.E.FA.S.

via San Pio X. 1 - 37059 Zevio (VR) - Tel. 045 6050035

Fam. couns. centre of Legnago → via Don Bosco, 3 - 37045 Legnago -Tel. 044223555

Fam. couns. centre of Fa. EC → via Marco Polo, 22 - 37061 Garda - Tel. 0457256682

Fam. couns. centre of Isola, Bovolone, Nogara

Via Cavour, 8/b - 37069 Isola della Scala (VR) -Tel. 045 7301157

Family counselling centre of San Rocco

via Belorri, 4/b - 37069 Villafranca (VR) -Tel. 045 6302800

Family counselling centre "La Bussola" - Cerea

P.zza F.lli Sommariva, 1 - Tel. 0442 80113

SOCIAL SERVICES IN YOUR MUNICIPALITY OF RESIDENCE

By taking an appointment with the social service worker you can receive informations or to define any project in support of your maternity from specific needs(support from family relationships, in search of a self-dependent work, supporting in family organisation, economic contributions).

VOLUNTARY ASSOCIATIONS

WHAT IS "CENTRO AIUTO VITA?

CAV is a centre to support life. It is an organised association or some groups of volunteers who are committed to promote a peaceful acceptance of an unborn life supporting in particularly those women and families who lives in a difficult situation during pregnancy and motherhood

WHAT DOES THE CENTRE OFFERS?

- → they receives you and listen you
- they gives you information and advices regarding your pregnancy and IVG(voluntary interruption of pregnancy) prevention

WHAT THEY CAN OFFER YOU?

According to the agreed project, considering the needs and available resources, the centre can offer you the following facilities or services:

- → social,psychological,emotional and moral support;
- → essential goods in particularly for the first infancy;
- → hospitality facility in a warm protected and self-managed place mainly for the pregnant women;
- → day care centre for children from the age of 0 to 3 years;
- → a living-space for mothers.

All in collaboration with public and private services present in the territory operating in the maternal infant sector.

For every mother or family in need to welcome a new life. The centre can enable various and specific initiatives in support of motherhood.

LIST OF LOCAL CAV CENTRES

(life- helping Centres)

CENTRO DIOCESANO AIUTO VITA

Via Betteloni, 61 - 37131 Verona from Monday to Friday 9.00 am - 01.00 pm Tel. 045 8002850 - 8012702 Fax 045 8002683 info@centroaiutovitaverona.it - www.centroaiutovitaverona.it

CF 93025100236

CENTRO AIUTO VITA of Bardolino

Piazzetta S.Nicolò - 37011 Bardolino (Vr)
Only on Tuesday from 04.00 pm to 06.30 pm
Tel. 345 0397096 (from monday to friday, 02.00 pm - 06.00 pm)
cavbardolino@reteperlavita.it

CF 90010600238

CENTRO AIUTO VITA of Peschiera del Garda

Via Bergamini, 22 - 37019 Peschiera del Garda (Vr) Tuesday and Friday from 02.30 pm - 05.00 pm (during winter) while 03.30 pm - 06.00 pm (during summer) Tel. 045 7550071 - cav@sanmartinopeschiera.it

CF 93141810239

CENTRO AIUTO VITA of Desenzano del Garda

Via B.Croce, 27 - 25015 Desenzano del Garda (Bs) Monday and Wednesday from 10.00 am - 11.00 am Tuesday and Friday, 05.00 pm - 06.00 pm Tel. 030 9901520 SOS VITA 335 6689194 caydese@tiscali.it - www.caydesenzano.it

CF 93003360174

CENTRO AIUTO VITA of Villafranca

Via Bellotti, 4B - 37069 Villafranca (Vr)

Wednesday 9.00 am - 12.00 pm / Tuesday 03.00 pm - 06.00 pm

Tel. 045 6302800

consultoriosanrocco@tiscali.it

CF 93020930231

CENTRO AIUTO VITA of S. Giovanni Lupatoto

Via Porto, 20 - 37057 S.Giovanni Lupatoto (Vr)

Monday and Thursday 08.30 pm - 10.30 pm Cell. 347 6726953

cavsangiovannilupatoto@reteperlavita.it

CF 93146060236

CENTRO AIUTO VITA "GIULIA" of Caldiero

Corso Alcide de Gasperi, 14 - 37042 Caldiero (Vr)

Tuesday 03.00 pm - 06.00 pm

Cell. 340 7736521 (call from Monday to Friday from 9.00 am - 05.00 pm)

Fax 045 6171441 - cavgiuliacaldiero@hotmail.it - www.cavgiulia.it

CF 92013700239

CENTRO AIUTO VITA of S. Giovanni Ilarione

Piazza dei Martiri, 1 - 37035 San Giovanni Ilarione (Vr)

Tuesday 9.00 am - 11.00 am

Cell. 349 5376803 - 339 6560619 (from Monday to Friday, 08.00 am - 06.00 pm)

cavgiov@gmail.com

CF 92011030233

CENTRO AIUTO VITA of San Bonifacio

Via Damiano Chiesa, 8/A - 37047 San Bonifacio (Vr) Tuesday 9.00 am - 11.00 am / Friday 03.30 pm - 05.30 pm Tel. 045 6101996 Fax 045 6101996 Cell. 348 9329633 mpvcav@gmail.com SOS VITA 045 7611790 - 045 7610214

CF 92004020233

CENTRO AIUTO VITA of Cologna Veneta

Via Chioggiano - 37044 Cologna Veneta (Vr)
Thursday 03.00 pm - 06.00 pm - Cell. 349 2712156 - cav.cologna@alice.it

CF 91014140239

CENTRO AIUTO VITA of Legnago

Via S. Antonio, 18 (Località Casette) - 37045 Legnago (Vr) From Monday to Saturday 9.00 am - 12.00 pm - Numero Verde 800974496 Tel. 0442 27480 - Fax 0442 1950225 - SOS VITA/LINE FOR PREG. 334 1787218 info@cavlegnago.it - www.cavlegnago.it

CF 91006880230

CENTRO AIUTO VITA of Nogara

Via Farrarini, 2 - 37054 Nogara (Vr)

Tuesday 9.00 am - 10.30 am / Wednesday and Saturday 03.30 pm - 04.30 pm Cell. 333 9925826 (from Monday to Friday 15.00 - 19.00) • cavnogara@libero.it

CF 93114850238

CENTRO AIUTO VITA of Lugagnano

Via Don G.Fracasso, 3 - 37060 Lugagnano (Vr) *Tuesday 9.30 am - 11.30 am and Wednesday 04.30 pm - 06.30 pm*Cell. 388 1525935 • *cavlugagnano@libero.it*

CF 93264960233